



12TH MOS ANNUAL SCIENTIFIC MEETING 2018

# FLS WORKSHOP

SUNDAY, 23 SEPTEMBER 2018

THE ROYALE CHULAN DAMANSARA

2:30PM – 4.30PM

## Speaker/Moderator:

Dato' Dr Lee Joon Kiong,  
Consultant Orthopedic Surgeon,  
Beacon Hospital

Dato' Dr Lim Boon Ping,  
Consultant Orthopedic Surgeon,  
Subang Jaya Medical Centre

## WHAT IS FRACTURE LIAISON SERVICES (FLS)?

Fracture Liaison Services, commonly known as FLS is a secondary fracture prevention services implemented by health care systems for the treatment of osteoporotic patients, and serves to:

- Close the care gap for fracture patients, 80% of whom are currently never offered screening and/or treatment for osteoporosis
- Enhance communication between health care providers by providing a care pathway for the treatment of fragility fracture patients.

An FLS, made up of a committed team of stakeholders, employs a dedicated coordinator to act as the link between the patient and the orthopaedic team, the osteoporosis and falls prevention services, and the primary care physician.

The FLS will ensure all patients presenting with fragility fractures to the particular locality or institution receive fracture risk assessment and treatment where appropriate. The service will be comprised of a dedicated case worker, often a clinical nurse specialist, who works to pre-agreed protocols to case-find and assess fracture patients. The FLS can be based in secondary or primary care health care settings and requires support from a medically qualified practitioner, be they a hospital doctor with expertise in fragility fracture prevention or a primary care physician with a specialist interest.

## WHAT WILL I GET OUT OF THIS WORKSHOP?

- Understanding of how to assess the value (both for your patients and your hospital) of establishing an FLS
- Guidance on how to develop a FLS business plan for discussion with your hospital administrator
- An specific, step-by-step, practical guide to starting an FLS in your institution and how to expand services
- Resources to support your FLS implementation and expansion plans

Time	Topic
2:30	Brief introduction to FLS <ul style="list-style-type: none"><li>• FLS: A success story</li></ul>
2:40	How to prepare and present an FLS business case to hospital administration? <ul style="list-style-type: none"><li>• Data Gathering to Support the Program</li><li>• Stakeholder identification</li><li>• Budget Issues</li></ul>
3:00	FLS: Forming a winning team <ul style="list-style-type: none"><li>• FLS champion and coordinator identification</li><li>• Roles and responsibilities of key members of the team</li></ul>
3:20	Fracture types to incorporate in FLS <ul style="list-style-type: none"><li>• Hip/wrist/spine</li></ul>
3:40	Case based discussion <ul style="list-style-type: none"><li>• 2 cases on FLS</li></ul>
4:00	Community outreach of FLS <ul style="list-style-type: none"><li>• Extending beyond the hospital level into the community pharmacy and GPs</li></ul>
4:20	Summary and closing remarks

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